



Weld County 4-H CWF Record

2023 - 2024

Year One

Project: Citizenship Washington Focus	Name:
Unit Number and/or Title:	CWF Group:
Year in this Project: (include current year)	County:
Birthdate: (mm/dd/yy)	
Age: (As of December 31, 2023)	

Each year you will add onto this book. In Year Two, you will submit both Year One and Year Two **in the same folder**. Year Three will have all three record books together.

I declare that the information in this record is correct and all 4-H requirements have been completed to the best of my knowledge.

Member's Signature	date
Leader's Signature	date
Parent/Guardian Signature	date



How I Participate in 4-H!

Categories of Participation	Description/Project Title
CVF Activity Log (meetings, information sessions, mixers, etc)	
What Leadership Development experiences did you participate in? (club/district/state/officer, committee chair, LDC, CLC, YouthFest, State Conference, Jr./Teen leader, pledge leader, etc.)	

4-H	Date	Hours	Activity/Title	Location
Citizenship/Community Service (First priority is to 4-H related community service –then community service other than 4-H)				
Demonstrations/ Presentations/ Speeches		NA		
		NA		
		NA		

Photographs from your CWF Project

A minimum of four pictures is required that demonstrates your CWF project. Additional photos can be added. Pictures must be CWF-specific, and each picture should have a caption that describes what is occurring in the picture.

CWF Explore/ Citizenship Essay

CWF Explore

A. Answer the following questions **on a separate sheet of paper.**

1. What is the 4-H motto?
2. What is the 4-H slogan?
3. When was 4-H founded?
4. What opportunities does 4-H provide?
5. What are the 4 "H"s and what does each one represent?

B. At the end of your e-record, please include a copy of the 4-H Code of Conduct, found at <https://www.colorado4h.org/resources/CodeOfConduct-English.pdf>. Read through the Code of Conduct and sign below that you have read through them.

I, _____, have attached and read through the Code of Conduct.

C. Include any handouts you receive at meetings, and place those at the end of the record. **You will add to your record book for each year of the project. Keep this record book and each year add the new year's book to the same folder or binder.**

CWF Citizenship Essay – **attach on separate sheet of paper**

You can type or hand-write your essay. If you hand-write the essay, use pencil or ink on lined white notebook paper. If a typewriter or computer is used to write the story, use plain white paper with no smaller than 12-point font. Leave a wide enough margin so the story can be read if inserted into a report cover. You will also be able to spell-check your essay. The essay can be single or double-spaced as long as it does not go over two pages.

Attach your 4-H CWF Essay at the end of the project record, using the following question topics to guide your essay:

1. Define "citizenship" in your own words.
2. What does it mean to be a citizen?
3. In what areas of your community are you a contributing citizen?
4. Why is citizenship important?
5. Complete one citizenship activity. Describe the activity, why you chose to do it, and what was accomplished, and how many people were impacted by this citizenship activity.